



## MEMBERSHIP TERMS AND CONDITIONS

### CLASSES

Grip socks or bare feet are required for every class.

Members should wear appropriate fitness clothing that allows movement e.g. no jeans.

Drinks need to be kept in a sport bottle, no food or chewing gum allowed.

Members must use the main entrance to the studio when entering or leaving the studio. In the event of a fire, members are asked to make their way to the nearest available exit.

***During the COVID-19 outbreak, members must adhere to all of the procedures put in place to keep the studio safe. Please refer to the latest studio notice or email [bodycentraltraining@gmail.com](mailto:bodycentraltraining@gmail.com) for the latest guidelines.***

### MEMBERSHIP ENROLMENT

All members are required to register with Body Central Studio before participating in any classes. Members are required to complete an online screening form found on the Body Central Studio Website and must answer the questions honestly and to the best of their knowledge regarding their current health. Body Central Studio reserve the right to refer members back to their GP if considered that they may not be suitable for exercise at the time of joining.

Members should read the Body Central Studio Members' Code of Conduct found on the Body Central Studio website before attending their first session.

Membership of the Studio is personal to a member and cannot be assigned, transferred or otherwise disposed of.

Members are required to update and maintain up to date contact details for themselves and it will be assumed that all correspondence sent to members has been received.

### MEMBERSHIP FEES

There are no joining fee charges for Body Central Members. Body Central Studio reserves the right to review and change membership fees periodically. Unlimited Monthly Membership fees will remain the same as at your membership start date throughout your **contracted period of one year**. Once your contract period has come to an end the membership fee will be charged at the rate at the time of the renewal.

## **PAYMENTS**

Payments will be taken on the first of each month for Unlimited Membership. Members are responsible for setting up a standing order from their bank account to pay Body Central's monthly Unlimited Membership fee. If there is failure for a payment to be made, Body Central Studio reserve the right to refuse the booking of a class until the payment has been made.

## **BOOKING CLASSES**

Due to limited spaces available in each class Body Central Studio strongly recommend that **all** members pre-book their classes. Sessions are booked on a first-come first-served basis. Unlimited Members and Pay As You Go Members will need to do this on line through the Body Central Studio's website booking system or in person at the studio. Unlimited Members **do not** automatically get priority booking or exemption from booking. **Pay As You Go Members must pay at the time of booking to secure their place.**

Pay As You Go Members may cancel a booking, without charge, **up to 24 hours** before the start of the session that has been booked. Please contact Body Central Studio to cancel the studio session and the payment will be carried across to the next class booking. If less than **24 hours'** notice has been given, **there will be no refund.**

Unlimited Members may cancel a booking, without charge, **up to 24 hours** before the start of the session that has been booked. Failure to cancel a studio session will incur a **£5 late cancellation fee** and must be paid before booking the next class.

Classes and teachers are subject to change from what has been advertised on the timetable without prior notice. Body Central Studio will try it's up most to keep any replacement classes to a similar description and level as to the class advertised on the timetable. No refunds or exchanges will be given if there is a cover teacher, and the 24-hour cancellation rule still applies.

In very rare cases and under circumstances beyond Body Central Studio's control, classes may be cancelled completely. Members will be given notice and Pay As You Go members will have their payment carried across to the next class booking.

Due to COVID-19 restrictions on the opening of Body Central Studio or the need for instructors to self-isolate; booked classes at the Studio will continue online in some form for Unlimited Members. Pay as You Go bookings will also be transferred to the online class or rescheduled if the member does not have access to go online.



If there are two or less members signed up for a Group Class, Body Central Studio reserves the right to cancel the class. There will be notice of the cancellation.

## **MEMBERSHIP CANCELLATION**

For cancellation of Unlimited Membership you will be required to give 1 month notice via e-mail to [bodycentraltraining@gmail.com](mailto:bodycentraltraining@gmail.com). This will indicate the time when no further membership payments will be taken. No pro-rata payments or refunded for part used months will be permitted.

## **PRIVATE SESSIONS**

Private Sessions need to be paid for in advance; an invoice will be issued at the time of booking. Private Sessions may be cancelled without charge where **24 hours** notice or more has been given. Please contact Body Central Studio to cancel the session and the session can be rescheduled. **Session cancelled giving less than 24 hours' notice will not receive a refund.**

## **PHYSICAL ACTIVITY**

You are advised not to undertake strenuous physical activities without first seeking medical advice if they have concerns over their physical condition. Body Central Studio reserve the right to refuse participation of anyone it considers may be endangered by taking part.

## **PROPERTY**

Body Central Pilates accepts no liability for loss or damage to property of persons or for injury to persons on the premises or outside the Pilates Lounge except insofar as such loss, damage or injury is by law incapable of exclusion. Personal belongings are brought onto the premises at your own risk and Body Central Studio does not accept liability for any loss or damage to such items.

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